

7 DAY KIDNEY STONE DIET CHART

Use the reference values below as a guide only. Always check the figures against current product information and your own practice protocols.

7 DAY KIDNEY STONE DIET REFERENCE VALUES

Meal:		Portion:	
Range / notes:		Source and date checked:	
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Meal:		Portion:	
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Approved by:		Date approved:	dd / mm / yyyy

RECORDING

Date: _____ dd / mm / yyyy **Time:** _____
Meal: _____ **Portion:** _____
Recorded by: _____ **Date:** _____ dd / mm / yyyy

Time: _____

Portion: _____

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Meal: _____

Recorded by: _____

Time: _____

Portion: _____

Date: _____ dd / mm / yyyy

Meal: _____

Recorded by: _____

Notes