A1C Goals by Age Chart

A1C GOALS BY AGE CHART

Name: _____ **Date:** _____ dd / mm / yyyy

An A1C Goals by Age Chart can be a great asset for those with diabetes, as it can help to create an individualized plan for monitoring and maintaining blood glucose levels. A1C levels measure the average amount of sugar, or glucose, in the blood over a period of two to three months

Additional notes