

Action Research Arm Test

Patient Name: _____ Date: _____ dd / mm / yyyy

Rater's Name: _____

Score Legend: 3 - Finished the task quickly with the appropriate body position and normal hand/arm movements
2 - Can finish the task but takes abnormally long, has great difficulty, or has improper body posture/hand/arm movements
1 - Can finish the task partially regardless of position/movements
0 - Unable to finish the task

GRASP

Grasp - Block (wood), 10 cm. cube - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 10 cm. cube - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 2.5 cm. cube - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 2.5 cm. cube - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 5 cm. cube - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 5 cm. cube - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 7.5 cm. cube - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Block (wood), 7.5 cm. cube - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Cricket ball - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Cricket ball - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Sharpening stone - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grasp - Sharpening stone - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

GRIP

Grip - Pour water from one glass to another - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Pour water from one glass to another - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Transfer a 2.25 cm tube from one side to the other - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Transfer a 2.25 cm tube from one side to the other - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Transfer a 1 cm. Tube from one side to the other - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Transfer a 1 cm. Tube from one side to the other - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Place the washer over the bolt - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Grip - Place the washer over the bolt - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

PINCH

Pinch - Ball Bearing between thumb and ring finger (3rd finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Ball Bearing between thumb and ring finger (3rd finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between thumb and index finger (1st finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between thumb and index finger (1st finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Ball bearing between thumb and middle finger (2nd finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Ball bearing between thumb and middle finger (2nd finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Ball bearing between thumb and index finger (1st finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Ball bearing between thumb and index finger (1st finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between the thumb and ring finger (3rd finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between the thumb and ring finger (3rd finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between the thumb and ring finger (2nd finger) - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Pinch - Marble between the thumb and ring finger (2nd finger) - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

GROSS MOVEMENT

Gross Movement - Hand behind the head - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Gross Movement - Hand behind the head - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Gross Movement - Hand on top of the head - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Gross Movement - Hand on top of the head - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Gross Movement - Hand to mouth - Left

☐ 0 ☐ 1 ☐ 2 ☐ 3

Gross Movement - Hand to mouth - Right

☐ 0 ☐ 1 ☐ 2 ☐ 3

Notes