Adults ADHD Consent

What is autism?

Autism refers to a developmental trajectory that affects how people perceive the world and interact with others. This does not mean that autistic people all see the world in the same way: every individual is unique and so is every way of autistic being. Because much of the way day-to-day life is organised is biased towards a 'neurotypical' understanding of the world, autistic people can experience challenges in interacting with neurotypical environments and may require support to manage this whilst optimising the development of a positive identity.

How may a diagnosis impact on me?

A diagnosis of autism can have a positive impact on an individual, particularly in understanding themselves and appreciating and accepting their individual needs. Those around the individual can also provide appropriate support and as autism is a disability in the UK, adjustments are expected to be made under the Equality Act 2010 in education and employment. It is important to note however, that having a diagnosis of autism may impact on the outcome of a medical assessment for the armed forces. There is more information about the medical assessment for the armed forces at: https://apply.army.mod.uk/how-to-join/can-i-join/medical.

What is being offered?

This is an assessment only service. No specific treatment is offered following the assessment. However, any diagnosis will help to inform the care planned by any professionals that may already be involved in your care, and we may be able to offer them advice about this via recommendations within the written report. It is important to stress that assessment does not automatically mean that you will get a diagnosis. It may be that the information we have clearly demonstrates that the criteria for a diagnosis is met or not, but in some cases the assessment may be inconclusive. When assessments are inconclusive, we will make recommendations for appropriate steps forward (e.g. further assessment with other services or recommendations for support and re-assessment at a future date). If you wish to proceed with the assessment, please sign and date this sheet to give your consent. I wish to be assessed to see whether I may have an autism spectrum condition. I understand that this is an assessment and advice only service, and that I may not receive a diagnosis of an autistic spectrum condition.

First Name: _____ **Last Name:** _____

Signature *

Date: _____ dd / mm / yyyy

CONTACT AND INFORMATION SHARING

I have read and understood the [COMPANYNAME] Service Terms and Conditions, and I understand my rights under GDPR. I consent to Kent & Essex Autism Service holding my personal contact information, and 1. Contacting me by email, text message or telephone when necessary 2. Keeping notes, copies of my report and other information gathered as part of the assessment for the duration of my assessment and for six years following the end of my assessment.

Consent to use email:

◯ No ◯ Yes

Consent to use text messaging:

◯ No ◯ Yes

Consent to contact via telephone:

◯ No ◯ Yes

Consent to leave a voicemail message:

◯ No ◯ Yes

3. I consent to a copy of my assessment report being sent to my GP:

◯ No ◯ Yes

Name of GP: _____

Surgery Address:

GP email address: _____ First Name: _____

Last Name: _____

Signature *

Date *: _____ dd / mm / yyyy