

Anterior Drawer Test

ANTERIOR DRAWER TEST

Patient's full name: _____ Date administered: _____ dd / mm / yyyy

Examiner's Name: _____

Instructions: Lie the patient on their back in a relaxed supine position. Test the uninjured side first. Flex their hip to 45 degrees. Then flex their knee 90 degrees. Ensure that their foot is flat on the surface. Sit on their foot to keep it still. Grasp the bent knee with your thumbs in front of the knee (on the superior anterior of the tibia) and tuck your fingers behind the knee (inside the flexed part). You may use the diagram above as a guide. Gently pull the tibia forward and check how far it moves. Repeat steps 3 to 7 on the injured side and compare.

Result (Injured Side):

- ☐ 0 Grade (Normal) - 0-2 mm
 ☐ Grade 1 (Almost Normal) - 3-5 mm
 ☐ Grade 2 (Abnormal) - 6-9 mm
 ☐ Grade 3 (Severely Abnormal) - More than 10 mm

NOTES

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