

Apathy Test

Name: _____ Date of birth: _____ dd / mm / yyyy

Gender: _____ Date: _____ dd / mm / yyyy

Instructions: For each statement, choose the answer that best describes your thoughts, feelings, and activity in the past 4 weeks.

1. I am interested in things.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

2. I get things done during the day.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

3. Getting things started on my own is important to me.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

4. I am interested in having new experiences.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

5. I am interested in learning new things.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

6. I put little effort into anything.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

7. I approach life with intensity.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

8. Seeing a job through to the end is important to me.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

9. I spend time doing things that interest me.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

10. Someone has to tell me what to do each day.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

11. I am less concerned about my problems than I should be.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

12. I have friends.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

13. Getting together with friends is important to me.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

14. When something good happens, I get excited.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

15. I have an accurate understanding of my problems.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

16. Getting things done during the day is important to me.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

17. I have initiative.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

18. I have motivation.

☐ Not at all characteristic ☐ Slightly characteristic ☐ Somewhat characteristic ☐ Very characteristic

Total score: _____