

AUDIT-C Questionnaire

AUDIT-C QUESTIONNAIRE

Please answer the following questions honestly based on your alcohol consumption habits over the past year.

1. How often do you have a drink containing alcohol?

- ☐ Never (0 point)
- ☐ Monthly or less (1 point)
- ☐ 2 to 4 times a month (2 points)
- ☐ 2 to 3 times a week (3 points)
- ☐ 4 or more times a week (4 points)

2. How many drinks did you have on a typical day when you were drinking in the past year?

- ☐ None, I do not drink (0 point)
- ☐ 1 or 2 (0 point)
- ☐ 3 or 4 (1 point)
- ☐ 5 or 6 (2 points)
- ☐ 7 to 9 (3 points)
- ☐ 10 or more (4 points)

3. How often did you have six or more drinks on one occasion in the past year?

- ☐ Never (0 point)
- ☐ Less than monthly (1 point)
- ☐ Monthly (2 points)
- ☐ Weekly (3 points)
- ☐ Daily or almost daily (4 points)

Total Score: _____

The AUDIT-C is scored on a scale of 0-12. In men, a score of 4 or more is considered positive; in women, a score of 3 or more is considered positive. Generally, the higher the AUDIT-C score, the more likely it is that the patient's drinking is affecting his/her health and safety.

If the patient scores positive on the AUDIT-C, consider discussing their alcohol consumption habits and potential risks associated with heavy drinking. Offer interventions or refer the patient for further evaluation if necessary.