

# Behavior Rewards Chart

## BEHAVIOR REWARDS CHART

Behavior Rewards Chart for [Month/Week/Period]:

Overview: This Rewards Chart aims to incentivize and track positive behaviors from [Start Date] to [End Date]. The chart is designed to celebrate small wins and build momentum toward larger behavioral goals.

To encourage [Positive Behavior 1]

To foster [Positive Behavior 2]

To promote [Positive Behavior 3]

## CLEANING UP TOYS

Cleaning up toys

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

## SHARING WITH SIBLINGS

Sharing with siblings

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

## BRUSHING TEETH WITHOUT REMINDER

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### Brushing teeth without reminder

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

## COMPLETING HOMEWORK

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### Completing homework

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

## USING POLITE LANGUAGE (PLEASE AND THANK YOU)

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### Using polite language (please and thank you)

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday
- ☐ Sunday

[Your Name]: \_\_\_\_\_ [Your Position]: \_\_\_\_\_

[Report Date]: \_\_\_\_\_ dd / mm / yyyy