

Behavioral Observation Checklist

Individual's Name: _____

Observer's Name: _____

Relationship to Individual: _____

Observation Date: _____ dd / mm / yyyy

Please mark the frequency that the following behaviors are displayed:

Fidgets in the seat or during standing

☐ Almost Never ☐ Occasionally ☐ Frequently

Shows constant, unnecessary movement

☐ Almost Never ☐ Occasionally ☐ Frequently

Finds it hard to stay in one place for an extended period

☐ Almost Never ☐ Occasionally ☐ Frequently

Exhibits excessive verbal outbursts or interruptions

☐ Almost Never ☐ Occasionally ☐ Frequently

Engages in repetitive habits (e.g., nail-biting, tapping)

☐ Almost Never ☐ Occasionally ☐ Frequently

Appears disinterested or disengaged

☐ Almost Never ☐ Occasionally ☐ Frequently

Often seems unhappy or despondent

☐ Almost Never ☐ Occasionally ☐ Frequently

Shows a tendency to daydream

☐ Almost Never ☐ Occasionally ☐ Frequently

Is hesitant to ask for assistance or clarify doubts

☐ Almost Never ☐ Occasionally ☐ Frequently

Avoids drawing attention or participating in group activities

☐ Almost Never ☐ Occasionally ☐ Frequently

Struggles to maintain focus on tasks or conversations

☐ Almost Never ☐ Occasionally ☐ Frequently

Ignores or misses visual cues or signals

☐ Almost Never ☐ Occasionally ☐ Frequently

Often leaves lessons or activities incomplete

☐ Almost Never ☐ Occasionally ☐ Frequently

Gets easily distracted by external stimuli

☐ Almost Never ☐ Occasionally ☐ Frequently

Exhibits physical aggression (e.g., shoving, hitting)

☐ Almost Never ☐ Occasionally ☐ Frequently

Engages in verbal altercations

☐ Almost Never ☐ Occasionally ☐ Frequently

Displays possession-related behaviors (e.g., snatching)

☐ Almost Never ☐ Occasionally ☐ Frequently

Shows impatience or frustration when faced with challenges

☐ Almost Never ☐ Occasionally ☐ Frequently

Challenges or defies authoritative requests

☐ Almost Never ☐ Occasionally ☐ Frequently

Seeks excessive attention or validation

☐ Almost Never ☐ Occasionally ☐ Frequently

Disregards set boundaries or rules

☐ Almost Never ☐ Occasionally ☐ Frequently

Causes interruptions or disturbances in group settings

☐ Almost Never ☐ Occasionally ☐ Frequently

Presents erratic or unpredictable stories or narratives

☐ Almost Never ☐ Occasionally ☐ Frequently

Often places blame on external factors or others

☐ Almost Never ☐ Occasionally ☐ Frequently

Shows resistance to established routines or schedules

☐ Almost Never ☐ Occasionally ☐ Frequently

Motivated primarily by external consequences

☐ Almost Never ☐ Occasionally ☐ Frequently

Displays a persistent need for validation or reassurance

☐ Almost Never ☐ Occasionally ☐ Frequently

Exhibits avoidance behaviors (e.g., unnecessary breaks)

☐ Almost Never ☐ Occasionally ☐ Frequently

Places blame on external factors for mistakes or challenges

☐ Almost Never ☐ Occasionally ☐ Frequently

Exhibits self-deprecating behaviors for attention

☐ Almost Never ☐ Occasionally ☐ Frequently

Frequently diverges from the topic at hand

☐ Almost Never ☐ Occasionally ☐ Frequently

Comments on feeling isolated or excluded

☐ Almost Never ☐ Occasionally ☐ Frequently

Seems to struggle with establishing peer relationships

☐ Almost Never ☐ Occasionally ☐ Frequently

Shows reluctance in group or social activities

☐ Almost Never ☐ Occasionally ☐ Frequently

Fails to initiate or engage in group discussions

☐ Almost Never ☐ Occasionally ☐ Frequently

Demonstrates behaviors deemed inappropriate in public settings

☐ Almost Never ☐ Occasionally ☐ Frequently

Positive Behavioral Traits Observed:

Additional Observations or Comments: