

# Bipolar Disorder ATI Template

Patient Name: \_\_\_\_\_ Date of Assessment: \_\_\_\_\_ dd / mm / yyyy

Assessor: \_\_\_\_\_

## SECTION 1: PATIENT INFORMATION

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ dd / mm / yyyy Marital Status: \_\_\_\_\_

Occupation: \_\_\_\_\_

## SECTION 2: MEDICAL HISTORY

Past medical history

Current medications

Allergies

## SECTION 3: PSYCHIATRIC HISTORY

Age of onset of bipolar disorder: \_\_\_\_\_ Number of previous episodes: \_\_\_\_\_

Hospitalizations

Family history of mental illness

Substance use history

**SECTION 4: CURRENT SYMPTOMS**

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Mood

Energy level

Sleep patterns

Appetite

Thought patterns

Behavior

**SECTION 5: COGNITIVE ASSESSMENT**

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MMSE score: \_\_\_\_\_

Clock Drawing Test

Trail Making Test

Boston Naming Test

Verbal fluency

## SECTION 6: FUNCTIONAL ASSESSMENT

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ADLs

IADLs

## SECTION 7: BEHAVIORAL ASSESSMENT

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Agitation

Depression

Anxiety

Psychotic symptoms

## SECTION 8: TREATMENT PLAN

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Medications

Psychotherapy

Self-management strategies

## SECTION 9: PATIENT EDUCATION

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Importance of medication adherence

Recognition of early warning signs

Stress management techniques

Importance of a healthy lifestyle

Importance of seeking support

## SECTION 10: INTERPROFESSIONAL COLLABORATION

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Communication with psychiatrist

Communication with psychologist

Communication with social worker

Communication with family members

## SECTION 11: FOLLOW-UP

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Frequency of follow-up appointments

Goals for treatment

Expected outcomes

## SECTION 12: DOCUMENTATION

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Accurate and comprehensive documentation in the patient's medical record