

Botulinum Toxin Consent

Patients First Name: _____ Patients Last Name: _____
Date Of Birth: _____ dd / mm / yyyy Street Address: _____
City: _____ Postcode: _____
Contact Number: _____ GP Name & Address: _____
GP Address: _____

WHAT IS BOTULINUM TOXIN?

Botulinum Toxin is a bacterium that blocks the release of acetylcholine, the substance responsible for transmitting electrical impulses that elicit muscle contraction. In medicine, botulinum toxin is injected directly into the hyperactive muscles.

HOW DOES BOTULINUM TOXIN WORK?

Hyperactivity of the facial expressions muscle often results in the development of deep frown lines, forehead lines and/or crow's feet. Injecting Botulinum Toxin into the affected area temporarily paralyses the underlying muscles responsible for wrinkling, giving the face a more relaxed and pleasant appearance. The wrinkles become smoother or disappear altogether.

WHEN AND HOW LONG DOES BOTULINUM TOXIN WORK?

The initial effects of treatment will become visible within 48 to 72 hours. The maximum effect is reached in about 1-2 weeks. Your facial expression will become more relaxed. The effect of treatment generally lasts for 4 to 6 months. Re-treatment is then required

POTENTIAL ADVERSE EFFECTS (SIDE EFFECTS)

Botulinum Toxin injection is generally a safe and effective treatment method. Nevertheless, certain side effects can occur but, like the intended treatment effects, they are mostly reversible. • There is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems, and allergic reaction. • Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur. • Most people have lightly swollen pinkish bumps where the injections went in, for a couple of hours or even several days. • Although many people with chronic headaches or migraines often get relief from Botox, a small percent of patients get headaches following treatment with Botox, for the first day. In a very small percentage of patients these headaches can persist for several days or weeks. • Local numbness, rash, pain at the injection site, flu like symptoms with mild fever, back pain. • Respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin. • Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent. • While local weakness of the injected muscles is representative of the expected pharmacological action of Botox, weakness of adjacent muscles may occur as a result of the spread of the toxin. • Treatments: I understand more than one injection may be needed to achieve a satisfactory result. • Another risk when injecting Botox around the eyes included corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision, or double vision, which is usually temporary. This reduced blinking has been associated with corneal ulcerations. There are medications that can help lift the eyelid, however, if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.

CONTRAINDICATIONS

Are you pregnant?

No Yes

Are you breast-feeding?

No Yes

Do you suffer from Myasthenia Gravis?

No Yes

Do you suffer from Lambert-Eaton syndrome?

No Yes

Do you suffer from blood coagulation disorders?

No Yes

DRUG INTERACTIONS

Drug interactions can occur when Botulinum Toxin is used concomitantly with other medications. Since these medications can alter the affects of Botulinum Toxin, you must ensure that your doctor is aware of any current medications you are taking, especially • - Aminoglycoside antibiotics • - Anesthetics • - Muscle relaxants

CONSENT TO TREATMENT

All foreseeable risks of Botulinum Toxic therapy have been thoroughly explained to me. My questions regarding the treatment procedure, its potential side effects and contradictions were answered to my full satisfaction. I also had adequate time to consider my decision.

I understand that I am free to revoke my consent at any time without the need to give any reasons.

Photographs will be taken and maintained as part of your medical records. If pictures are used for education and marketing purposes, all identifying marks will be cropped or removed.

By placing my signature below, I declare my consent to cosmetic treatment with Botulinum Toxin type A.

Patient Signature:

Date: _____ dd / mm / yyyy