

Bullying Worksheet

Name: _____ Date: _____ dd / mm / yyyy

Instructions: If the statement is true, tick the box located under the True column. If the statement is false, tick the box under the False column. After you have answered all of the questions, check your answers with the answer key.

Bullying is when someone is mean to another person on purpose.

☐ True ☐ False

Bullying only happens in schools.

☐ True ☐ False

Bullying can be physical, verbal, or emotional.

☐ True ☐ False

If you are being bullied, you should just ignore it.

☐ True ☐ False

There are things you can do to stop bullying.

☐ True ☐ False

Bullying always involves physical aggression.

☐ True ☐ False

Cyberbullying refers to bullying that occurs online.

☐ True ☐ False

Bullying is a normal part of growing up and should be tolerated.

☐ True ☐ False

Bystanders can play a role in preventing and addressing bullying.

☐ True ☐ False

Bullying is a problem that only affects children and adolescents.

☐ True ☐ False

Bullying can have long-lasting effects on the mental and emotional well-being of the victim.

☐ True ☐ False

Bullying is always intentional and premeditated.

☐ True ☐ False

Bullying can occur in various settings, including workplaces and online communities.

☐ True ☐ False

Verbal bullying includes name-calling, teasing, and spreading rumors.

☐ True ☐ False

Reporting incidents of bullying can help to address the issue and protect others from experiencing it.

☐ True ☐ False

ACTIVITY B

Activity B Instructions: Read the following scenarios and decide what you would do if you were in that situation. Write down your answers in the space provided.

You are walking home from school when older kids start following you and calling you names. What do you do?

You are sitting in class and a classmate keeps making fun of your clothes. What do you do?

You are at lunch and a group of kids start pushing you around. What do you do?

You are sitting in class and you see a group of kids picking on a new student. What do you do?

You are walking down the hallway and you see a group of kids calling someone names. What do you do?

You are at lunch and you see someone getting pushed around. What do you do?