

Canadian Occupational Performance Measure

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Therapist: _____ Facility / agency: _____

Program: _____

Client information

Client name: _____ Age: _____

Gender

☐ Male ☐ Female ☐ Prefer not to say

ID#: _____ Respondent (if not client): _____

Date of assessment: _____ dd / mm / yyyy Planned date of reassessment: _____ dd / mm / yyyy

Date of reassessment: _____ dd / mm / yyyy

STEP 1: IDENTIFICATION OF OCCUPATIONAL PERFORMANCE ISSUES

Step 1: Identification of occupational performance issues To identify occupational performance problems, concerns and issues, interview the client, asking about daily activities in self-care, productivity and leisure. Ask clients to identify daily activities which they want to do, need to do or are expected to do by encouraging them to think about a typical day. Then ask the client to identify which of these activities are difficult for them to do now to their satisfaction. Record these activity problems in Steps 1A, 1B, or 1C.

STEP 1A: SELF-CARE

Activity 1: _____

Importance

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
1 2 3 4 5 6 7 8 9 10

Activity 2: _____

Importance

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
1 2 3 4 5 6 7 8 9 10

Activity 3: _____

Importance

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
1 2 3 4 5 6 7 8 9 10

STEP 1B: PRODUCTIVITY

Activity 1: _____

Importance

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
1 2 3 4 5 6 7 8 9 10

Activity 2: _____

Importance

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
1 2 3 4 5 6 7 8 9 10

Activity 3: _____

Importance

10 rating scale circles numbered 1 to 10.

STEP 1C: LEISURE

Activity 1: _____

Importance

10 rating scale circles numbered 1 to 10.

Activity 2: _____

Importance

10 rating scale circles numbered 1 to 10.

Activity 3: _____

Importance

10 rating scale circles numbered 1 to 10.

STEP 2: RATING IMPORTANCE

Step 2: Rating importance Using the scoring card provided, ask the client to rate, on a scale of 1 to 10, the importance of each activity. Choose the ratings as indicated above in Steps 1A, 1B, or 1C

STEPS 3 & 4: SCORING - INITIAL ASSESSMENT AND REASSESSMENT

Steps 3 & 4: Scoring - Initial assessment and reassessment Confirm with the client the 5 most important problems and record them below. Using the scoring cards, ask the client to rate each problem on performance and satisfaction, then calculate the total scores. Total scores are calculated by adding together the performance or satisfaction scores for all problems and dividing by the number of problems. At reassessment, the client scores each problem again for performance and satisfaction. Calculate the new scores and the change score.

Occupational performance problem 1: _____	Performance score 1: _____
Satisfaction score 1: _____	Occupational performance problem 2: _____
Performance score 1: _____	Satisfaction score 1: _____
Occupational performance problem 3: _____	Performance score 1: _____
Satisfaction score 1: _____	Occupational performance problem 4: _____
Performance score 1: _____	Satisfaction score 1: _____
Occupational performance problem 5: _____	Performance score 1: _____
Satisfaction score 1: _____	Performance score 2: _____
Satisfaction score 2: _____	Performance score 2: _____
Satisfaction score 2: _____	Performance score 2: _____
Satisfaction score 2: _____	Performance score 2: _____
Satisfaction score 2: _____	Performance score 2: _____
Satisfaction score 2: _____	Performance score 2: _____

SCORING — INITIAL ASSESSMENT

Total score of performance 1: _____ Total score of satisfaction 1: _____

REASSESSMENT

Total score of performance 2: _____ Total score of satisfaction 2: _____

CHANGE IN PERFORMANCE

Change in performanceFormula: Performance score 2 - Performance score 1 = Result

Performance 2: _____ Performance 1: _____

Result: _____

CHANGE IN SATISFACTION

Change in satisfactionFormula: Satisfaction score 2 - Satisfaction score 1 = Result

Satisfaction score 2: _____ Satisfaction score 1: _____

Result: _____

ADDITIONAL NOTES AND BACKGROUND INFORMATION

Initial assessment

Reassessment