

Checklist for Moving into Assisted Living

Name of Patient: _____ Age: _____

Date of Birth: _____ dd / mm / yyyy Contact Number: _____

Contact person in case of emergency: _____ Healthcare provider's name: _____

PRE-MOVE-IN

- ☐ Research and select a suitable assisted living facility that meets the needs of the individual.
- ☐ Schedule a visit to the facility to ensure it's a good fit.
- ☐ Review the contract and understand the services, costs, and any additional fees.
- ☐ Coordinate with healthcare providers to transfer any necessary medical records to the facility.
- ☐ Downsize belongings, keeping only what is necessary and loved.
- ☐ Arrange for the safe transport of the individual's personal belongings.
- ☐ Set up the power of attorney or any required legal arrangements.

DURING THE MOVE-IN

- ☐ Ensure the room or apartment is clean, safe, and ready for occupancy.
- ☐ Set up the living space with personal touches to make it feel like home.
- ☐ Introduce the individual to staff and other residents to start building a community.
- ☐ Review the daily schedule and available amenities with the individual.
- ☐ Confirm that medication and care plans are established and understood by facility staff.

AFTER MOVING IN

- ☐ Maintain regular communication with the facility staff to monitor the individual's adjustment.
- ☐ Visit often to provide emotional support and ensure quality of care.
- ☐ Encourage participation in activities and social events to promote engagement.
- ☐ Monitor the individual's health and well-being, and communicate with healthcare professionals as necessary.
- ☐ Regularly reassess the individual's needs and satisfaction with the facility.

OTHER IMPORTANT CONSIDERATIONS

- ☐ Ensure the facility has appropriate and adequate medical care for the individual's needs.
- ☐ Discuss any potential end-of-life care wishes with the individual and document them in their file.
- ☐ Plan for potential changes in financial situations, such as Medicaid eligibility or long-term care insurance coverage.
- ☐ Stay informed about any changes in regulations or policies that may affect the individual's care.
- ☐ Continuously work with facility staff to ensure the individual is receiving quality and appropriate care.
- ☐ Keep important documents, such as legal and medical records, organized and easily accessible.
- ☐ Regularly assess and discuss the individual's preferences for their living situation, including any desire to move to a different facility or return home.
- ☐ Stay involved in decision-making and advocate for the individual's rights and needs.

ADDITIONAL NOTES

Additional notes