

Children's Depression Inventory (CDI)

CHILDREN'S DEPRESSION INVENTORY (CDI)

Child's Information:

Child's Name: _____ Date of Birth: _____ dd / mm / yyyy

Today's Date: _____ dd / mm / yyyy

Instructions: Please read each statement carefully and mark the box next to the option that best describes how you feel your child has been feeling.

1.

☐ My child is sad once in a while. ☐ My child is sad many times. ☐ My child is sad all the time.

2.

☐ My child gets along with people. ☐ My child gets into fights many times. ☐ My child gets into fights all the time.

3.

☐ My child feels hopeful about the future. ☐ My child sometimes feels hopeful about the future.
☐ My child never feels hopeful about the future.

4.

☐ My child enjoys playing with friends. ☐ My child sometimes enjoys playing with friends.
☐ My child doesn't enjoy playing with friends.

5.

☐ My child feels like everyone is their friend. ☐ My child feels like some people are their friends.
☐ My child feels like no one is their friend.

6.

☐ My child feels good about themselves. ☐ My child feels okay about themselves. ☐ My child feels bad about themselves.

7.

☐ My child enjoys their family's company. ☐ My child sometimes enjoys their family's company.
☐ My child doesn't enjoy their family's company.

8.

☐ My child thinks good things will happen to them. ☐ My child isn't sure if good things will happen to them.
☐ My child thinks bad things will happen to them.

9.

☐ My child likes going to school. ☐ My child doesn't like going to school sometimes. ☐ My child doesn't like going to school.

10.

☐ My child is happy with the way they look. ☐ My child is sometimes happy with the way they look.
☐ My child is unhappy with the way they look.

11.

☐ My child always feels safe. ☐ My child sometimes feels safe. ☐ My child never feels safe.

12.

☐ My child finds it easy to concentrate on tasks. ☐ My child finds it hard to concentrate on tasks sometimes.
☐ My child finds it very hard to concentrate on tasks