CONTROLLED SUBSTANCE AGREEMENT

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Vi Sano Healthcare Specialists adhere to a practice policy that improves the quality of functioning while minimizing the risk of misuse, abuse, and dependency of any medication that is considered a controlled substance. This policy is in place to protect the safety of our patients and the community. All controlled medication will be prescribed only at levels that are considered safe and will be monitored closely throughout treatment. Any patient who is on higher doses of a controlled medication than our practice policy allows will be given a tapering plan by their provider that will safely decrease the dose to an acceptable level.

All patients who are being considered for the administration of a short-term controlled substance must agree to this controlled substance policy.

Patients on controlled medication treatment are required to sign the following agreement indicating that they have been made aware of and understand the following conditions:

1. Patients are required to disclose if they are prescribed any new medication by other providers while being treated with a controlled medication.

2. Patients are expected to comply with all recommendations made by the provider that are expected to improve treatment outcomes associated with prescribing a controlled medication.

3. Vi Sano Healthcare cannot provide any early refill request for controlled medication or for any replacement of lost or stolen controlled medication. In addition, any reports of lost or stolen medication will require a police report to be obtained. It is the patient's responsibility to keep their medication in a safe and protected location.

4. Patients are required to obtain the prescription only at a pre-agreed pharmacy location.

5. Patients can expect to be asked to submit to a urine or blood test if they take a controlled substance medication for longer than two weeks. Testing positive for any illicit drugs or any medication that is not being prescribed, or an indication that the controlled medication is not being taken as prescribed is a violation of this agreement and may result in the discontinuation of the medication and/or discharge from the practice.

6. Patients must maintain all scheduled appointments and, if unable to attend the scheduled appointment. Controlled medications are not typically prescribed for more than seven days without the patient following up with the provider for another refill. Repeatedly missing appointments will be considered a violation of this agreement as it makes it difficult to safely manage the controlled medication.

7. Patients are required to disclose if they are prescribed any new medication by other providers while being treated with a controlled medication.

8. Any concerns that the controlled medication is being diverted will result in discontinuation of the controlled medication and/or discharge from the practice.

9. Refills for controlled medication will be made only during regular office hours. There will be no refills after office hours, on weekends, or during holidays. A minimum of 48 hours' notice is required for controlled medication refills to ensure sufficient time to review the request.

10. All sedatives and benzodiazepines are to be prescribed rarely and in very limited quantities, and at the discretion of the provider and the overseeing director. OPIOID START TALKING MUST BE INCLUDED IN THE PATIENT'S MEDICAL RECORD

A controlled substance is a drug or other substance that the United States Drug Enforcement Administration has identified as having a potential for abuse. I am aware of the following:

- [ ] a. The risks of substance use disorder and overdose associated with the controlled substance containing an opioid.
- [ ] b. Individuals with mental illness and substance use disorders may have an increased risk of addiction to a controlled substance.
- [ ] c. Mixing opioids with benzodiazepines, alcohol, muscle relaxers, or any other drug that may depress the central nervous system can cause serious health risks, including death or disability.
- [ ] d. For a female who is pregnant or is of reproductive age, the heightened risk of short and long-term effects of opioids, including but not limited to neonatal abstinence syndrome.
- [ ] e. Any other information necessary for patients to use the drug safely and effectively as found in the patient counseling information section of the labeling for the controlled substance.
- [ ] f. Safe disposal of opioids has been shown to reduce injury and death in family members. Expired, unused, or unwanted controlled substances can be properly disposed of through community take-back programs, local pharmacies, or local law enforcement agencies.

- [ ] g. It is a felony to illegally deliver, distribute, or share a controlled substance without a prescription properly issued by a licensed health care prescriber. I acknowledge the potential benefits and risks of an opioid medication as described, along with the responsibility of properly managing my medication as stated above. If prescribed a controlled substance, I am responsible for knowing and understanding the above. If I have questions, I will ask my provider before accepting a prescription for a controlled substance.

Patient Signature
Date: _____ dd / mm / yyyy