

Drinking Motives Questionnaires

Name (Optional): _____ Date: _____ dd / mm / yyyy

Age: _____ Gender: _____

Please read each statement carefully. Indicate how often each statement is true for you by selecting the appropriate option: Almost Never/ Never (1), Some of the Time (2), Half of the Time (3), Most of the Time (4), Almost Always/ Always (5).

SOCIAL MOTIVES

I drink to be more sociable.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink because it helps me enjoy parties.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink to celebrate with friends.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

ENHANCEMENT MOTIVES

I drink because I like the feeling.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink to get a buzz or high.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink because it's exciting.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

COPING MOTIVES

I drink to forget my problems.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink when I'm feeling down or depressed.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink to reduce stress or relax.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

CONFORMITY MOTIVES

I drink because my friends pressure me to drink.

☐ ☐ ☐ ☐ ☐
1 2 3 4 5

I drink to fit in with a group I like.

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I drink because I want to be accepted by others.

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