

DSM 5 ADHD Checklist

Date: _____ dd / mm / yyyy

Child's Name: _____

Age: _____

Gender: _____

Completed by: _____

Contact # or E-mail: _____

INATTENTIVE TYPE (INATTENTION SYMPTOMS OR BEHAVIOR)

Often fails to pay attention to details or makes careless mistakes in schoolwork, work, or during other activities.

☐ Yes ☐ No

Has a diminished attention span or often has difficulty sustaining attention to tasks or play activities.

☐ Yes ☐ No

Has poor listening skills or often does not seem to listen when spoken to directly.

☐ Yes ☐ No

Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace.

☐ Yes ☐ No

Often has difficulty organizing tasks and activities.

☐ Yes ☐ No

Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort or concentration.

☐ Yes ☐ No

Often loses things necessary for tasks or activities.

☐ Yes ☐ No

Is often easily distracted or sidetracked by extraneous stimuli, including unrelated thoughts.

☐ Yes ☐ No

Often forgets daily activities.

☐ Yes ☐ No

HYPERACTIVE-IMPULSIVE TYPE (HYPERACTIVE SYMPTOMS)

Often squirms when seated or fidgets with hands or feet.

☐ Yes ☐ No

Often leaves seat during inappropriate situations, incapable of staying seated, or feels restless.

☐ Yes ☐ No

Often runs/climbs during inappropriate situations or feels restless.

☐ Yes ☐ No

Is often unable to play or engage in leisure activities quietly

☐ Yes ☐ No

Is often "on the go" or acts as if "driven by a motor."

☐ Yes ☐ No

Often talks excessively.

☐ Yes ☐ No

HYPERACTIVE-IMPULSIVE TYPE (IMPULSIVE SYMPTOMS)

Often blurts out an answer before the question has been completed.

☐ Yes ☐ No

Often has difficulty waiting for his or her turn.

☐ Yes ☐ No

Often interrupts or intrudes on others.

☐ Yes ☐ No

ADDITIONAL CONDITIONS/CRITERIA

The symptoms presented before age 12.

☐ Yes ☐ No

Another mental disorder does not better explain symptoms.

☐ Yes ☐ No

Symptoms aren't a reflection of oppositional behavior

☐ Yes ☐ No

Several symptoms are present in two or more settings.

☐ Yes ☐ No

Symptoms interfere with school, work, or social functioning.

☐ Yes ☐ No

Additional Notes: