

Elderly Blood Pressure Chart

PATIENT INFORMATION

Full Name: _____ Date of Birth: _____ dd / mm / yyyy

Gender: _____ Patient ID: _____

Contact Number: _____ Email Address: _____

Recommended blood pressure parameters for females 60-80 years old: 60-65: Systolic 130 +/- 15, Diastolic 80 +/- 10 66-70: Systolic 135 +/- 15, Diastolic 85 +/- 10 71-75: Systolic 140 +/- 15, Diastolic 90 +/- 10 76-80: Systolic 145 +/- 15, Diastolic 95 +/- 10

Recommended blood pressure parameters for males 60-80 years old: 60-64: Systolic 110

Date/Time: _____ Systolic: _____

Diastolic: _____

Interpretation

Physician's Notes and Recommendations

Physician's Signature: _____

Date: _____ dd / mm / yyyy