

Eye Movement Test

PATIENT INFORMATION

Name: _____ Date of Birth: _____ dd / mm / yyyy
Date of Assessment: _____ dd / mm / yyyy Healthcare Practitioner: _____

INSTRUCTIONS

Horizontal Gaze: Instruct the patient to follow a target horizontally using their eyes only. Note any signs of smooth pursuit or saccadic movements. Record observations.
Vertical Gaze: Repeat the process vertically, assessing upward and downward eye movements. Document any irregularities or limitations.
Convergence Reflex: Ask the patient to focus on a near object and then shift to a distant one. Evaluate the ability to smoothly adjust focus. Document findings.
Tracking Movements: Use a moving target to assess the patient's ability to track smoothly. Observe for any jerky or inconsistent tracking.

RESULTS

Horizontal Gaze

Normal: Smooth pursuit without saccades Abnormal: Jerky movements, saccades, or other irregularities

Vertical Gaze

Normal: Smooth upward and downward movements Abnormal: Limited range, hesitation, or irregularities

Convergence Reflex

Normal: Smooth transition between near and far objects Abnormal: Limited range, hesitation, or irregularities

Tracking Movements

Normal: Consistent and smooth tracking Abnormal: Inconsistent tracking, jerky movements

Interpretation