

Fall Risk Assessment

FALL RISK ASSESSMENT

Recent Falls

- ☐ None in last 12 months (2 points) ☐ One or more between 3 and 12 months ago (4 points)
☐ One or more in last 3 months (6 points) ☐ One or more in last 3 months whilst inpatient (8 points)

Medications Including anti-depressants, antihypertensives, sedatives, antiParkinson's, diuretics, or hypnotics

- ☐ None (1 point) ☐ One (2 points) ☐ Two (3 points) ☐ More than two (4 points)

Psychological Including anxiety, depression, poor cooperation, poor insight or poor judgment, particularly regarding mobility

- ☐ None (1 point) ☐ Mildly affected by one or more of these (2 points)
☐ Moderately affected by one or more of these (3 points) ☐ Severely affected by one or more of these (4 points)

Cognitive Status Using Hodkinson Abbreviated Mental Test Score (AMTS)

- ☐ AMTS 9-10 (1 point) ☐ AMTS 7-8 (2 points) ☐ AMTS 5-6 (3 points) ☐ AMTS 4 or less (4 points)

Total Score (out of 20):

Risk Score Scoring: Low: 5-11, Medium: 12-15, High: 16-20

Automatic High Risk Status Factors: If any of the below high risk status factors are selected, patient fall risk status is automatically high.

Automatic High Risk Status Factors

- ☐ Recent change in functional status and/or medications affecting safe mobility (or anticipated)
☐ Dizziness / postural hypertension

Fall Risk Status

- ☐ HIGH ☐ MEDIUM ☐ LOW

Additional Notes