

Fasting Blood Sugar Levels Chart

FASTING BLOOD SUGAR LEVELS CHART

Blood Sugar Level Interpretation: Less than 70 mg/dL: Low (Hypoglycemia) 70 mg/dL - 99 mg/dL: Normal 100 mg/dL - 125 mg/dL: Prediabetes (Impaired Fasting Glucose) 126 mg/dL or higher: High (Diabetes)

Patient Name: _____ Date of Test: _____ dd / mm / yyyy

Interpretation:

Recommendations:

Comments/Notes:

Next Appointment Date: _____ dd / mm / yyyy