

# Five Senses Worksheet

## Five Senses Worksheet

Instructions: Use your five senses to complete the following activities. Write down your observations for each sense.

Name: \_\_\_\_\_ Date: \_\_\_\_\_ dd / mm / yyyy

### SIGHT

Find an object in the room - Object: \_\_\_\_\_

Find an object in the room - Description:

Look out the window - Scene: \_\_\_\_\_

Look out the window - Description:

### HEARING

Close your eyes and listen carefully. What sounds do you hear? - Sounds:

Go outside and listen to the environment. What sounds do you notice? - Sounds:

### SMELL

Take a sniff of an object nearby - Object: \_\_\_\_\_

Take a sniff of an object nearby - Scent description:

Go to the kitchen or a garden - Object: \_\_\_\_\_

Go to the kitchen or a garden - Scent description:

## TASTE

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Take a bite of a food item - Food: \_\_\_\_\_

Take a bite of a food item - Taste description:

Try a new food or drink - Food/drink: \_\_\_\_\_

Try a new food or drink - Taste description:

## TOUCH

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Close your eyes and touch different objects - Object 1: \_\_\_\_\_

Close your eyes and touch different objects - Texture description 1:

Close your eyes and touch different objects - Object 2: \_\_\_\_\_

Close your eyes and touch different objects - Texture description 2:

Go outside and touch various natural materials - Materials: \_\_\_\_\_

Go outside and touch various natural materials - Texture description:

## CONCLUSION

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Reflect on the activities and write a short paragraph about which sense you found the most interesting and why: