

The Foot Posture Index (FPI-6)

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The patient should stand in their relaxed stance position with double limb support. The patient should be instructed to stand still, with their arms by the side and looking straight ahead. It may be helpful to ask the patient to take several steps, marching on the spot, prior to settling into a comfortable stance position. During the assessment, it is important to ensure that the patient does not swivel to try to see what is happening for themselves, as this will significantly affect the foot posture. The patient will need to stand still for approximately two minutes in total for the assessment to be conducted. The assessor needs to be able to move around the patient during the assessment and to have uninterrupted access to the posterior aspect of the leg and foot.

Patient's name: _____ ID number: _____

Date: _____ dd / mm / yyyy

Comment

Talar head palpation - Left

- ☐ -2
- ☐ -1
- ☐ 0
- ☐ 1
- ☐ 2

Talar head palpation - Right

- ☐ -2
- ☐ -1
- ☐ 0
- ☐ 1
- ☐ 2

Curves above and below the lateral malleolus - Left

- ☐ -2
- ☐ -1
- ☐ 0
- ☐ 1
- ☐ 2

Curves above and below the lateral malleolus - Right

- ☐ -2
- ☐ -1
- ☐ 0
- ☐ 1
- ☐ 2

Inversion/eversion of the calcaneus - Left

- ☐ -2
- ☐ -1
- ☐ 0
- ☐ 1
- ☐ 2

Inversion/eversion of the calcaneus - Right

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Prominence in the region of the TNJ - Left

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Prominence in the region of the TNJ - Right

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Congruence of the medial longitudinal arch - Left

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Congruence of the medial longitudinal arch - Right

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Abd/adduction forefoot on rearfoot - Left

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Abd/adduction forefoot on rearfoot - Right

- ☐ -2
☐ -1
☐ 0
☐ 1
☐ 2

Total score for left: _____

Total score for right: _____