

Gender Identity Quiz

GENDER IDENTITY QUIZ

Affirmed Name: _____ Age: _____

Please answer the following questions honestly and to the best of your ability. There are no right or wrong answers, and your responses will remain confidential.

What is your biological sex assigned at birth?

☐ Male ☐ Female ☐ Intersex

How do you currently identify your gender?

☐ Male
☐ Female
☐ Non-binary
☐ Genderqueer
☐ Genderfluid
☐ Agender
☐ Other (please specify):

Have you ever felt that your gender identity does not match the sex you were assigned at birth?

☐ Yes ☐ No ☐ Sometimes

How do you typically express your gender?

☐ Through clothing and appearance
☐ Through behavior and interests
☐ Through preferred pronouns (e.g., he/him, she/her, they/them)
☐ Other (please specify):

Have you experienced any challenges or discrimination based on your gender identity?

☐ Yes ☐ No ☐ Not sure

How do you feel about societal expectations regarding gender roles?

☐ Comfortable ☐ Somewhat comfortable ☐ Uncomfortable ☐ Not sure

Do you believe that there are only two genders (male and female)?

☐ Yes ☐ No ☐ Not sure

How important is it for you to have your gender identity recognized and respected by others?

☐ Very important ☐ Somewhat important ☐ Not very important ☐ Not sure

Have you ever explored or considered alternative gender identities beyond the binary?

☐ Yes ☐ No ☐ Not sure

How do you feel about discussing gender identity and diversity in society?

☐ Comfortable ☐ Somewhat comfortable ☐ Uncomfortable ☐ Not sure