

# HAIR COLOURING AFTERCARE

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The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort and to help achieve the best possible results from treatment.

Please follow the aftercare advice for hair colouring.

### Aftercare Instructions

- Wait for 72 hours before shampooing your hair as this could lead to colour loss.
- Avoid very hot water when washing your hair as this may remove colour faster.
- Avoid excess swimming in chlorinated water or wear a swimming cap.
- Apply regular leave in products.
- Seek emergency medical attention in the extremely unlikely event that you develop a severe allergic reaction or anaphylactic reaction to the dye.
- Use sulphate free shampoo and conditioner.
- Try to wash hair no more than 3 times per week to help maintain colour.
- Avoid hot tools such as straightening irons and curling tongs for 72 hours as these can remove colour out of your hair. Also avoid excessive hair drying with hot air.
- Seek medical attention if you develop any unwanted skin reactions to the dye such as allergic rash or dermatitis.

It is essential that you have read all of the information available. Once you have read and understood all of the below, please sign the declaration at the bottom of this form. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

## PATIENT CONFIRMATION

- I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.