

Harris Hip Score

PATIENT INFORMATION

Name: _____ Age: _____

Gender:

☐ Male ☐ Female ☐ Prefer not to say

Examination date: _____ dd / mm / yyyy

Pain

- ☐ None or ignores it (44)
- ☐ Slight, occasional, no compromise in activities (40)
- ☐ Mild pain, no effect on average activities, rarely moderate pain with unusual activity; may take aspirin (30)
- ☐ Moderate pain, tolerable but makes concession to pain. Some limitation of ordinary activity or work. May require occasional pain medication stronger than aspirin (20)
- ☐ Marked pain, serious limitation of activities (10)
- ☐ Totally disabled, crippled, pain in bed, bedridden (0)

Limp

- ☐ None (11) ☐ Slight (8) ☐ Moderate (5) ☐ Severe (0)

Support

- ☐ None (11)
- ☐ Cane for long walks (7)
- ☐ Cane most of time (5)
- ☐ One crutch (3)
- ☐ Two canes (2)
- ☐ Two crutches or not able to walk (0)

Distance walked

- ☐ Unlimited (11)
- ☐ Six blocks (8)
- ☐ Two or three blocks (5)
- ☐ Indoors only (2)
- ☐ Bed and chair only (0)

Sitting

- ☐ Comfortably in ordinary chair for one hour (5) ☐ On a high chair for 30 minutes (3)
- ☐ Unable to sit comfortably in any chair (0)

Enter public transportation

- ☐ Yes ☐ No

Stairs

- ☐ Normally without using a railing (4) ☐ Normally using a railing (2) ☐ In any manner (1) ☐ Unable to do stairs (0)

Put on shoes and socks

- ☐ With ease (4) ☐ With difficulty (2) ☐ Unable (0)

Less than 30° fixed flexion contracture:

- ☐ Yes ☐ No

Less than 10° fixed abduction:

- ☐ Yes ☐ No

Less than 10° fixed internal rotation in extension:

☐ Yes ☐ No

Limb length discrepancy less than:

☐ Yes ☐ No

Flexion (°140): _____

Abduction (°40): _____

Adduction (°40): _____

External rotation (°40): _____

Internal rotation (°40): _____

Range of motion scale

☐ 211° - 300° (5)

☐ 161° - 210° (4)

☐ 101° - 160° (3)

☐ 61° - 100° (2)

☐ 31° - 60° (1)

☐ 0° - 30° (0)

Range of motion score: _____

Total Harris Hip score: _____

Grading for the Harris Hip score: _____

Healthcare practitioner Name: _____

Signature: _____

Date: _____ dd / mm / yyyy