

HD BROWS AFTERCARE

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The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort/healing and to help achieve the best possible results from treatment.

Please follow the aftercare advice for HD brows treatment.

Keep brows clean and dry for 24 hours.

Do not touch or rub the eyebrows for 24 hours after treatment.

Do not apply make-up, creams or oils to the eyebrow area for at least 24 hours after treatment.

Avoid swimming/ strenuous exercise for 24-48 hours.

Avoid any extremes of temperature for 24 hours post treatment. e.g. hot showers, steam baths or saunas.

Do not allow prolonged exposure to direct sunlight or sunbeds for 48 hours.

Do not apply Retin-A, AHA or exfoliate around the brow area for 72 hours either side of the treatment.

No self-tanning products should be used on the face for one week prior and 48 hours after treatment.

Inform your practitioner if you are planning on having any further cosmetic eye or eyebrow treatments, they will advise when it is best to have this done.

Your practitioner may advise an aftercare serum/lotion, use as your practitioner directs you.

Contact your practitioner as soon as possible if you notice any unwanted side effects following treatment.

Your practitioner will advise when further treatment appointments are required. If you are advised to attend a follow up appointment, please do make every effort to attend them. You should do this even if you believe that the recovery process is going well and you cannot see that there are any visible complications.

It is essential that you have read all of the information available. Once you have read and understood all of the below, please sign the declaration at the bottom of this form. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

PATIENT DECLARATION

☐ I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.