

Ineffective Airway Clearance Nursing Care Plan

Name: _____ Age: _____

Medical Record Number: _____ Date of Admission: _____ dd / mm / yyyy

Primary Diagnosis: _____

Breathing Patterns (e.g., shallow, labored)

Lung Sounds (e.g., wheezing, crackles)

Frequency of Cough

Sputum Characteristics (e.g., color, consistency)

Oxygen Saturation Levels: _____

Risk Factors (e.g., smoking, asthma)

Ineffective Airway Clearance related to

as evidenced by

Short-Term Goal: Patient will demonstrate improved airway clearance within 24 hours. Long-Term Goal: Patient will maintain clear airway on discharge. Expected Outcomes: Demonstrates effective coughing and expectoration. Maintains oxygen saturation within normal range. Reports decreased dyspnea.

Chest Physiotherapy: To enhance mucus clearance and improve ventilation. Suctioning (if required): To remove secretions and maintain airway patency. Positioning (e.g., semi-Fowler's): To maximize lung expansion and ease breathing. Hydration and Humidification: To thin secretions for easier expectoration. Respiratory Exercises: To strengthen respiratory muscles and improve breathing efficiency.

Document patient's response to interventions

Reassess goals and modify care plan based on patient's progress

Nurse's Signature

Date: dd / mm / yyyy