

Life Satisfaction Scale

LIFE SATISFACTION SCALE

Below are five statements that you may agree or disagree with. Please be open and honest in your response. On a scale from 1 to 7, indicate your agreement with each item.

In most ways my life is close to my ideal.

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7 (Strongly agree) 6 (Agree) 5 (Slightly agree) 4 (Neither agree nor disagree) 3 (Slightly disagree) 2 (Disagree) 1 (Strongly disagree)

The conditions of my life are excellent.

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7 (Strongly agree) 6 (Agree) 5 (Slightly agree) 4 (Neither agree nor disagree) 3 (Slightly disagree) 2 (Disagree) 1 (Strongly disagree)

I am satisfied with my life.

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7 (Strongly agree) 6 (Agree) 5 (Slightly agree) 4 (Neither agree nor disagree) 3 (Slightly disagree) 2 (Disagree) 1 (Strongly disagree)

So far I have gotten the important things I want in life.

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7 (Strongly agree) 6 (Agree) 5 (Slightly agree) 4 (Neither agree nor disagree) 3 (Slightly disagree) 2 (Disagree) 1 (Strongly disagree)

If I could live my life over, I would change almost nothing.

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7 (Strongly agree) 6 (Agree) 5 (Slightly agree) 4 (Neither agree nor disagree) 3 (Slightly disagree) 2 (Disagree) 1 (Strongly disagree)