

# Lip Blushing Aftercare Instructions

## LIP BLUSHING AFTERCARE INSTRUCTIONS

Thank you for choosing Lip Blushing, a semi-permanent cosmetic tattooing procedure designed to enhance the natural colour, shape, and definition of your lips. Proper aftercare is essential to ensure optimal results, support healing, and minimise complications.

**Immediately After Treatment - Normal Reactions:** Mild redness, swelling, or tenderness is normal and should subside within 24–48 hours. The lips may feel slightly tight, dry, or tender. Temporary colour may appear darker and more intense than expected.

**Do Not Touch:** Avoid touching, rubbing, or picking at your lips. Keep lips clean and avoid unnecessary contact with hands or objects.

**First 24–48 Hours - Hygiene & Care:** Gently clean lips with a damp cotton pad if needed, but avoid scrubbing. Avoid applying makeup, lip balm (unless recommended), or other products not provided by your technician. **Comfort Measures:** Use ice packs externally for swelling if necessary. Drink plenty of water to stay hydrated.

**First Week - Observation:** Lips may flake or peel as they heal—this is normal. Do not pick at peeling skin. Colour will gradually soften as healing progresses. **Lifestyle & Care:** Avoid hot drinks, spicy foods, or foods that may irritate the lips. Avoid swimming, saunas, or excessive sweating. Avoid direct sun exposure; once healed, apply SPF to protect the lips. Do not use exfoliants, retinol, or other harsh products on the lips during healing.

**First Month - Results:** Colour will continue to settle and soften over 4–6 weeks. A touch-up session may be required to achieve the desired final result. **Continued Care:** Maintain gentle care and protection of the lips. Avoid trauma, friction, or harsh chemicals on the treated area. Follow all post-treatment instructions provided by your technician.

**When to Contact Us -** Contact your provider immediately if you experience: Severe or worsening pain, swelling, or redness. Signs of infection such as pus, warmth, or fever. Allergic reaction such as hives, itching, or difficulty breathing. Any other unusual or concerning symptoms.

**Long-Term Care:** Protect your lips from sun exposure using SPF lip balm. Avoid aggressive exfoliation or harsh lip products. Attend any recommended touch-up appointments to maintain results.

It is essential that you have read all of the information available. Please let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

## CONFIRMATION

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.