Medical Examination Form

Patient Name: _____ **DOB:** _____ dd / mm / yyyy

Date of Exam: _____ dd / mm / yyyy

Chief Complaint:

On a VAS, the patient rates pain: _____

The patient is pleasant, cooperative, and oriented.

Past other medical history is unremarkable. Family history is non-contributory.

Objective: On gross examination, the patient exhibits the following:

The Patient Ambulates:

- ◯ Normal Gait
- ◯ Antalgic Gait
- ◯ Other

Inspection:

- ☐ Abrasions
- ☐ Erythema
- ☐ Ecchymosis
- ☐ Lesions
- ☐ Masses
- ☐ Deformities

Description of palpatory findings:

Segmental Dysfunction at:

- ☐ C0
- ☐ C1
- ☐ C2
- ☐ C4
- ☐ C5
- ☐ C6
- ☐ C7
- ☐ T1
- ☐ T2
- ☐ T3
- ☐ T4
- ☐ T5
- ☐ T6
- ☐ T7
- ☐ T8
- ☐ T9
- ☐ T10
- ☐ T11
- ☐ T12
- ☐ L1
- ☐ L2
- ☐ L3
- ☐ L4
- ☐ L5
- ☐ S1

Triceps - Right: _____

Triceps - Left: _____ Biceps - Right: _____

Biceps - Left: _____ Brachioradialis - Right: _____

Brachioradialis - Left: _____ Patellar - Right: _____

Patellar - Left: _____

Achilles - Right: _____ Achilles - Left: _____

Right Rotation (Cervical): _____ Left Rotation (Cervical): _____

Right Lateral Flexion (Cervical): _____ Left Lateral Flexion (Cervical): _____

Flexion (Cervical): _____

Extension (Cervical): _____

Prognosis:

- [ ] Excellent: Full symptomatic and functional recovery is expected
- [ ] Good: Symptomatic and functional recovery is expected but the patient may experience intermittent mild pain and some restriction of motion
- [ ] Fair: The patient can expect to have a reduction of symptoms although some persistent pain and stiffness is expected and may require ongoing rehabilitation
- [ ] Poor: The nature of the patient's injury and/or preexisting conditions bring into doubt the likelihood of full recovery. It is expected that the patient will continue to experience intermittent to occasional symptoms necessitating palliative care
- [ ] Unstable: Patient has not responded to the treatment trial and demonstrates evidence of deterioration. The likelihood of recovery with conservative care does not appear promising at this time. Surgical consult would be advisable
- [ ] Guarded: The patient's condition is not expected to improve in the near future. Palliative and/or supportive care will be warranted for symptomatic relief and some improvement of function
- [ ] Pre-clinical status
- [ ] Pre-injury status

Care Plan:

- [ ] Chiropractic Manipulation
- [ ] Electrical Muscle Stimulation
- [ ] Therapeutic Exercise
- [ ] Bio-Freeze for at-home use
- [ ] KT Taping
- [ ] Dry Needling
- [ ] Laser Therapy
- [ ] Hot/Cold Therapy
- [ ] Manual/Massage Therapy
- [ ] Therapeutic Activities
- [ ] Icepack w/ at-home instruction (3 to 4 times per day utilizing CBAN)
- [ ] Acupuncture
- [ ] Therapeutic Ultrasound

Today's Treatment:

The patient responds well to therapy without incident.

Goals:

Practitioner Signature: