

Neuro Exam Cheat Sheet

Name: _____ Age: _____

Date of Birth: _____ dd / mm / yyyy Gender: _____

Contact Information: _____

MENTAL STATUS EXAMINATION

I. Level of alertness and orientation

II. Intellect

III. Memory

IV. Mood

- ☐ Euthymic
- ☐ Irritable
- ☐ Pessimistic
- ☐ Depressed
- ☐ Manic

CRANIAL NERVE EXAMINATION

I - Olfactory

II - Optic

III - Oculomotor

IV - Trochlear

V - Trigeminal

VI - Abducens

VII - Facial

VIII - Vestibulocochlear

IX - Glossopharyngeal

X - Vagus

XI - Accessory

XII - Hypoglossal

MOTOR SYSTEM EXAMINATION

Bilateral grip strength

Shoulder abduction

Elbow flexion and extension

Wrist flexion and extension

Bilateral hip flexion

Knee extension

Ankle dorsiflexion and plantar flexion

Finger-to-nose test

Heel-to-shin test

Rapid alternating movements

SENSORY EXAMINATION

Touch sensation

Pain sensation

Temperature sensation

Vibration sensation

Body position awareness

REFLEXES

Biceps Reflex

Triceps Reflex

Patellar Reflex (Knee Jerk)

Achilles Reflex (Ankle Jerk)

Plantar Reflex (Babinski Reflex)

COORDINATION AND GAIT

Walking Speed

Stride Length

Foot placement

Arm swing

Overall smoothness and rhythm

Standing with eyes open and closed

Romberg test (standing, feet together, eyes closed)