

Normal Ejection Fraction By Age Chart

PATIENT INFORMATION

Name: _____ Age: _____

Medical History:

EJECTION FRACTION MEASUREMENT

Date of Measurement: _____ dd / mm / yyyy

Measurement Method:

☐ Echocardiography ☐ Cardiac MRI ☐ Radionuclide Ventriculography

INTERPRETATION

Numerical Value: _____

Comparison to Age-Related Norms:

☐ Within Normal Range ☐ Slightly Below Normal Range ☐ Moderately Below Normal Range
☐ Severely Below Normal Range

CLINICAL CONTEXT

Patient Symptoms:

Risk Factors:

Check all that apply:

- ☐ Asymptomatic
☐ Shortness of Breath
☐ Fatigue
☐ Swelling

RISK STRATIFICATION

Previous Cardiovascular Events: _____ Family History of Heart Conditions: _____

RECOMMENDATIONS

Monitoring Step Completed:

- ☐ Regular Follow-up
☐ Interval Imaging

Regular Follow-up: _____

Interval Imaging: _____

Interventions Step Completed:

- ☐ Medication Adjustment
- ☐ Referral to Cardiologist
- ☐ Lifestyle Modifications

Medication Adjustment:

Referral to Cardiologist:

Lifestyle Modifications:

PATIENT EDUCATION

Step Completed:

- ☐ Explain EF and its significance
- ☐ Discuss lifestyle changes for heart health

Explain EF and its significance:

Discuss lifestyle changes for heart health:

FOLLOW-UP PLAN

Next Appointment Date: _____ dd / mm / yyyy

Additional Tests/Imaging:

- ☐ Stress Test
- ☐ Coronary Angiography
- ☐ Additional Blood Tests

Stress Test:

Coronary Angiography:

Additional Blood Tests: