Normal Vital Signs Chart

Reference chart showing normal vital sign ranges by age group including heart rate, respiratory rate, blood pressure, and body temperature

Name: _____ **Gender:** _____

Age: _____ **Date of Birth:** _____ dd / mm / yyyy

Date: _____ dd / mm / yyyy **Time:** _____

Heart Rate Measurement Method:

◯ Radial ◯ Apical ◯ Other

Heart Rate Reading (bpm): _____

Respiratory Rate Measurement Method:

◯ Observational ◯ Direct count ◯ Other

Respiratory Rate Reading (Breaths per Minute):

Blood Pressure Location:

◯ Right Arm ◯ Left Arm ◯ Other

Blood Pressure Position:

◯ Seated ◯ Standing ◯ Other

Systolic (mm Hg): _____ **Diastolic (mm Hg):** _____

Body Temperature Measurement Method:

◯ Oral
◯ Rectal
◯ Axillary
◯ Ear
◯ Temporal
◯ Other

Body Temperature Reading: _____

Comments/Remarks: