

Pabrinex Treatment Aftercare Instructions

PABRINEX TREATMENT AFTERCARE INSTRUCTIONS

Please read the following aftercare instructions carefully and follow them closely to ensure the best possible outcome from your Pabrinex treatment.

Hydration: Drink plenty of water and electrolyte-rich fluids to help maintain proper hydration and electrolyte balance.

Rest: Get adequate rest for the next 24-48 hours to allow your body to recover and absorb the nutrients from the treatment.

Diet: Maintain a balanced diet, including plenty of fresh fruits and vegetables, lean proteins, and whole grains. Incorporate foods rich in vitamins, particularly B vitamins and vitamin C, to support your recovery.

Alcohol Consumption: Refrain from consuming alcohol for at least 72 hours following your treatment, as it can interfere with the absorption and effectiveness of Pabrinex.

Medication Compliance: If prescribed additional medications or supplements by your healthcare provider, take them as directed to support your recovery.

Monitor for Side Effects: Some people may experience minor side effects such as pain, redness, or swelling at the injection site. These should subside within a few days. If you experience severe pain, difficulty breathing, or any other concerning symptoms, contact your healthcare provider immediately.

Follow-up: Schedule a follow-up appointment with your healthcare provider to assess your progress and determine if additional treatments or interventions are necessary.

PATIENT ACKNOWLEDGMENT:

- ☐ I have read, understood, and agree to follow the aftercare instructions provided above
- ☐ I understand that failure to comply with these instructions may negatively impact the results of my Pabrinex treatment

It is essential that you have read all of the information available. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.

- ☐ I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout