

Passionate Love Scale

Name: _____ Date: _____ dd / mm / yyyy

Instructions: For each statement below, fill in the name of your partner in the blank space and rate how true each statement is for you on a scale from 1 to 9, where 1 means "not at all true" and 9 means "definitely true."

Since I've been involved with _____, my emotions have been on a roller coaster. Complete the statement:

Rate statement 1

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I would feel deep despair if _____ left me. Complete the statement:

Rate statement 2

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Sometimes my body trembles with excitement at the sight of _____. Complete the statement:

Rate statement 3

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I take delight in studying the movements and angles of _____'s body. Complete the statement:

Rate statement 4

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Sometimes I feel I can't control my thoughts; they are obsessively on _____. Complete the statement:

Rate statement 5

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I feel happy when I am doing something to make _____ happy. Complete the statement:

Rate statement 6

123456789

I would rather be with _____ than anyone else. Complete the statement:

Rate statement 7

123456789

I'd get jealous if I thought _____ were falling in love with someone else. Complete the statement:

Rate statement 8

123456789

No one else could love _____ like I do. Complete the statement:

Rate statement 9

123456789

I yearn to know all about _____. Complete the statement:

Rate statement 10

123456789

I want _____—physically, emotionally, mentally. Complete the statement:

Rate statement 11

123456789

I will love _____ forever. Complete the statement:

Rate statement 12

123456789

I melt when looking deeply into _____'s eyes. Complete the statement:

Rate statement 13

123456789

I have an endless appetite for affection from _____. Complete the statement:

Rate statement 14

123456789

For me, _____ is the perfect romantic partner. Complete the statement:

Rate statement 15

123456789

_____ is the person who can make me feel the happiest. Complete the statement:

Rate statement 16

123456789

I sense my body responding when _____ touches me. Complete the statement:

Rate statement 17

123456789

I feel tender toward _____. Complete the statement:

Rate statement 18

123456789

_____ always seems to be on my mind. Complete the statement:

Rate statement 19

123456789

If I were separated from _____ for a long time, I would feel intensely lonely. Complete the statement:

Rate statement 20

123456789

I sometimes find it difficult to concentrate on work because thoughts of _____ occupy my mind. Complete the statement:

Rate statement 21

123456789

I want _____ to know me – my thoughts, my fears, and my hopes. Complete the statement:

Rate statement 22

123456789

Knowing that _____ cares about me makes me feel complete. Complete the statement:

Rate statement 23

123456789

I eagerly look for signs indicating _____'s desire for me. Complete the statement:

Rate statement 24

123456789

If _____ were going through a difficult time, I would put away my own concerns to help him/her out. Complete the statement:

Rate statement 25

123456789

_____ can make me feel effervescent and bubbly. Complete the statement:

Rate statement 26

123456789

In the presence of _____, I yearn to touch and be touched. Complete the statement:

Rate statement 27

123456789

An existence without _____ would be dark and dismal. Complete the statement:

Rate statement 28

123456789

I possess a powerful attraction for _____. Complete the statement:

Rate statement 29

123456789

I get extremely depressed when things don't go right in my relationship with _____. Complete the statement:

Rate statement 30

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Total score: _____