

Pathological Liar Test

Name: _____ Date of Test: _____ dd / mm / yyyy

Please rate the following statements based on your experiences and feelings.

I often find myself telling lies, even when there is no clear reason to do so.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I feel guilty or remorseful after lying.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I believe that I am better than others at deceiving people.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

My lies have caused significant problems in my personal or professional life.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I feel a sense of excitement or satisfaction when successfully deceiving others.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

There are particular situations or contexts in which I am more likely to lie.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I have sought professional help or counseling for issues related to lying.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I often embellish stories or exaggerate details in conversation.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

I have fabricated stories about my past experiences or achievements.

☐ ☐ ☐ ☐ ☐ ☐ ☐
Strongly Disagree (1pts) Disagree (2pts) Somewhat Disagree (3pts) Neither Agree nor Disagree (4pts) Somewhat Agree (5pts) Agree (6pts) Strongly Agree (7pts)

Total Score: _____