

Pittsburgh Knee Rules

This comprehensive Pittsburgh Knee Rules template is designed to aid clinicians in evaluating patients with acute knee injuries systematically. It helps determine the necessity of knee radiographs based on well-defined clinical criteria, ensuring appropriate and judicious use of diagnostic imaging.

PATIENT INFORMATION

Name: _____ Age: _____

Date of assessment: _____ dd / mm / yyyy

INJURY DETAILS

Date of injury: _____ dd / mm / yyyy Time of injury: _____

Location of injury: _____

Mechanism of injury:

- ☐ Fall
- ☐ Blunt trauma
- ☐ Sports injury
- ☐ Motor vehicle accident
- ☐ Other

CLINICAL ASSESSMENT

Observations at the scene:

Ability to bear weight: _____ Age consideration: _____

Visible signs of injury:

PAIN ASSESSMENT

Location of pain:

Intensity of pain: _____

Character of pain (sharp, dull, throbbing, etc.):

RADIOGRAPH DECISION

Is a radiograph required?

☐ Yes ☐ No

Rationale for decision:

FURTHER ACTIONS/NOTES

Immediate interventions:

Referral to specialists:

Follow-up requirements:

Clinician's signature:

Date: _____ dd / mm / yyyy