Portrait Plasma Skin Regeneration Aftercare Instructions

PORTRAIT PLASMA SKIN REGENERATION AFTERCARE INSTRUCTIONS

Thank you for choosing Portrait Plasma Skin Regeneration, a non-surgical treatment designed to tighten skin, reduce fine lines and wrinkles, and improve overall skin texture. Proper aftercare is essential to ensure optimal results, support healing, and minimise complications.

Immediately After Treatment - Normal Reactions: Mild redness, swelling, or warmth in the treated area is normal and usually resolves within a few hours to a day. A sensation of tightness, tingling, or mild discomfort may be experienced. Tiny scabs or crusts may form on the treated area as part of the natural healing process.

Avoid Touching: Do not rub, scratch, or pick at the treated area. Keep hands clean and avoid contact with unclean surfaces.

First 24-48 Hours - Skin Care: Apply the recommended gentle moisturiser or healing ointment as instructed. Avoid harsh scrubs, chemical peels, or abrasive products. Sun Protection: Avoid direct sun exposure. Apply broad-spectrum sunscreen SPF 30 or higher when outdoors.

Activity: Normal daily activities can be resumed. Avoid hot baths, saunas, or excessive sweating in the treated area.

First Week - Observation: Mild redness, swelling, or tenderness may persist for 1-3 days. Tiny scabs or crusts should be allowed to fall off naturally; do not pick at them. Bruising or minor skin sensitivity may occur and should resolve naturally.

Makeup & Products: Avoid applying makeup on the treated area until fully healed. Continue gentle moisturising; avoid aggressive skincare treatments.

First Month - Results: Gradual improvement in skin texture, tightness, and tone may be observed over several weeks. Multiple sessions may be required depending on your treatment plan. Continued Care: Maintain hydration and gentle skincare routines. Protect the skin from sun exposure with SPF 30 or higher.

When to Contact Us - Contact your provider immediately if you experience: Severe or persistent redness, swelling, or pain. Signs of infection such as pus, warmth, or fever. Unusual or excessive scabbing, bleeding, or skin changes. Any other concerning or unexpected symptoms.

Long-Term Care: Maintain daily sun protection and gentle skincare routines. Stay hydrated to support skin health and healing. Attend follow-up appointments for monitoring and additional sessions if recommended.

It is essential that you have read all of the information available. Please let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

PATIENT ACKNOWLEDGMENT *

- [ ] I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.