

Posterior Sag Sign

POSTERIOR SAG SIGN

Date: _____ dd / mm / yyyy Patient information: _____

Examiner: _____

The Posterior Sag Sign test is used to diagnose posterior cruciate ligament (PCL) injuries of the knee.

Test procedure: Have the patient lie supine with the hip flexed to 45° and the knee flexed to 90°. Observe the position of the tibia relative to the femur. In a normal knee, the tibial plateau extends about 1 cm anterior to the femoral condyles. A positive test occurs if the tibia sags or drops back posteriorly on the femur due to gravity, creating a concavity distal to the patella.

Test results - Select one:

☐ Positive ☐ Negative

Notes and recommendations - Specify below: