

Printable Values Cards

PRINTABLE VALUES CARDS

Values cards are meant to help individuals in figuring out what values matter most to them. These cards are used to talk about and think deeply about what's important in their lives. They aid in understanding the self better and making decisions that match beliefs and goals. Think about these values and decide whether they are 'very important', 'important', or 'not as important'.

Personalized cards:

Space for personalized values

Note: You can screenshot or save these cards as PDF files in advance. Store them in your gallery or files so you can access them whenever you need them.