South Oaks Gambling Screen

Name: _____ **Age:** _____

Date: _____ dd / mm / yyyy

This screening tool is designed to identify potential gambling problems. Please answer the following questions honestly.

1. Please indicate which of the following types of gambling you have done in your lifetime. For each type, mark one answer: "Not at All," "Less than Once a Week," or "Once a Week or More."

a. Played cards for money

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

b. Bet on horses, dogs, or other animals (at OTB, the track, with a bookie, or online)

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

c. Bet on sport (parlay cards, with bookie at Jai Alai, or online)

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

d. Played dice games, including craps, over and under, or other dice games

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

e. Went to casinos (legal or otherwise)

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

f. Played the numbers or bet on lotteries

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

g. Played bingo

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

h. Played the stock and/or commodities market

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

i. Played slot machines, poker machines, or other gambling machines

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

j. Bowled, shot pool, played golf, or some other game of skill for money

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

k. Played pull tabs or "paper" games other than lotteries

◯ Not at All ◯ Less than Once a Week ◯ Once a Week or More

l. Some form of gambling not listed above. Please specify

2. What is the largest amount of money you have ever gambled with on any one-day?

◯ Never gambled
◯ $1 or less
◯ More than $1, up to $10
◯ More than $10, up to $100
◯ More than $100, up to $1,000
◯ More than $1,000, up to $10,000
◯ More than $10,000

3. Check which of the following people in your life has (or had) a gambling problem.

- [ ] Father
- [ ] Mother
- [ ] Brother / Sister
- [ ] My Spouse / Partner
- [ ] My Child / Children
- [ ] Another Relative
- [ ] A Friend or Someone Important in my Life

4. When you gamble, how often do you go back another day to win back money you have lost?

◯ Never ◯ Some of the time (less than half the time I lose) ◯ Most of the times I lose ◯ Every time I lose

5. Have you ever claimed to be winning money gambling, but weren't really? In fact, you lost?

◯ Never ◯ Yes, less than half the time I lost ◯ Yes, most of the time.

6. Do you feel you have ever had a problem with betting or money gambling?

◯ No ◯ Yes ◯ Yes, in the past but not now

7. Have you ever gambled more than you intend to?

◯ Yes ◯ No

8. Have people criticized your betting or told you that you had a problem, regardless of whether or not you thought it was true?

◯ Yes ◯ No

9. Have you ever felt guilty about the way you gamble, or what happens when you gamble?

◯ Yes ◯ No

10. Have you ever felt like you would like to stop betting money on gambling, but didn't think you could?

◯ Yes ◯ No

11. Have you ever hidden betting slips, lottery tickets, gambling money, IOUs, or other signs of betting or gambling from your spouse, children or other important people in your life?

◯ Yes ◯ No

12. Have you ever argued with people you live with over how you handle money?

◯ Yes ◯ No

13. If you answered yes to question 12, have money arguments ever centered on your gambling?

◯ Yes ◯ No

14. Have you ever borrowed from someone and not paid them back as a result of your gambling?

◯ Yes ◯ No

15. Have you ever lost time from work (or school) due to betting money or gambling?

◯ Yes ◯ No

16. If you have borrowed money to game or to pay gambling debts, who are where have you borrowed from?

a) From household money

◯ Yes ◯ No

b) From your spouse

◯ Yes ◯ No

c) From other relatives or in-laws

◯ Yes ◯ No

d) From banks, loan companies, or credit unions

◯ Yes ◯ No

e) From credit cards

◯ Yes ◯ No

f) From loan sharks

◯ Yes ◯ No

g) You cashed in stocks, bonds, or other securities

◯ Yes ◯ No

h) You sold personal or family property

◯ Yes ◯ No

i) You borrowed on your checking accounts (passed bad checks)

◯ Yes ◯ No

j) You have (had) a credit line with a bookie

◯ Yes ◯ No

k) You have (had) a credit line with a casino

◯ Yes ◯ No

SCORE SHEET AND INTERPRETATION

The SOGS score is determined by scoring one point for each question that shows "at risk", and then adding the total points. Tick the corresponding box if the patient answered the question displayed on the right.

Here's how to interpret the score: Zero (0) – No problem with gambling, 1-4 – Some problems with gambling, 5 or more – Probable pathological gambler

Total: _____

HEALTHCARE PROFESSIONAL'S ADDITIONAL NOTES AND RECOMMENDATIONS

Please provide any observations, potential areas for discussion, or recommendations for further exploration based on the patient's responses.