

Treatment Notes Skin Peel

Diagnosis and purpose of treatment is to improve the medical condition and wellbeing of the patient.

Patient presented with concerns of:

- ☐ Rosacea
- ☐ Active acne
- ☐ Acne scarring
- ☐ Hyperpigmentation
- ☐ Skin rejuvenation
- ☐ Anti-aging
- ☐ Skin texture

Patient medical diagnosis today:

- ☐ To reduce inflammation in the skin, to improve skin health and manage a chronic skin condition.
- ☐ To reduce sebaceous gland activity, reducing sebum and improve skin quality
- ☐ To improve pitted acne scarring caused by acne vulgaris/retentional acne. To improve the patient health and wellbeing.
- ☐ To reduce over production of melanocytes activity in the patient's skin, to reduce excess melanin creating a more even skin tone.
- ☐ To improve skin quality and skin health
- ☐ To improve skin quality and skin health and stimulate collagen and elastin

The proposed treatment plan recommended and discussed (please write agreed treatment plan)

Please list the session number and treatment sessions are left (e.g. 2nd treatment, 2 treatments left)

Identify Patient Skin Type

- ☐ Type I
- ☐ Type II
- ☐ Type III
- ☐ Type IV
- ☐ Type V
- ☐ Type VI

IS CLINICAL

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- ☐ FIRE AND ICE - GLYCOLIC
- ☐ FOAMING ENZYME
- ☐ ACTIVE PEEL
- ☐ FLASH PEEL

ENERPEEL

Enerpeel

- ☐ ENERPEEL MA
- ☐ ENERPEEL PA
- ☐ ENERPEEL SA
- ☐ ENERPEEL JR
- ☐ ENERPEEL EL
- ☐ ENERPEEL TCA
- ☐ TCA CROSS
- ☐ ENERPEEL TCA-LP

Add ons (if applicable):

- ☐ Retinol
- ☐ Hyaluronic Acid
- ☐ Anti-oxidant
- ☐ Stem Cell
- ☐ Kojic Acid
- ☐ Vitamin C
- ☐ Zo Obagi HA mask
- ☐ Exosomes

Add on treatments

- ☐ LED light
- ☐ Dermaplaning
- ☐ Microneedling

REASON FOR CHOICE/ EXAMINATION FINDINGS

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APPLICATION TIME

1st application min.: _____ 2nd application min.: _____

Total min.: _____

Frosting

☐ Yes ☐ No

Significant indications during treatment:

☐ Patient felt minor pain ☐ Patient was comfortable during treatment ☐ Patient was in extreme discomfort

NOTES/ ASSESSMENT

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I have discussed in detail with the patient

1. The nature and purpose of this procedure.
2. I discussed any alternative treatment options as well as the risk and associated complications that could happen with this procedure.
3. That the practice of medicine and surgery is not an exact science and different people can react differently to one procedure.
4. That the effects of treatment will last longer with some patients than others.
5. This procedure is a cosmetic procedure and so assessment of the results involves a great deal of subjectivity. Therefore, it is important to understand that while you will be advised as to the probable result, this should in no way be interpreted as a guarantee.
6. That whilst complications from this procedure are uncommon, they do sometimes occur.

Treating Practitioner