

Twenty Statements Test

Name: _____ Age: _____

Date: _____ dd / mm / yyyy Examiner: _____

Please provide 20 answers to "Who am I?" in the spaces below. Feel free to express yourself with a variety of statements. Let your thoughts flow naturally, and write your answers in the order they come to mind. All responses are valuable, regardless of their perceived logic or importance. We encourage you to move through this exercise comfortably, aiming to complete it within 12 minutes.

1. I am:

2. I am:

3. I am:

4. I am:

5. I am:

6. I am:

7. I am:

8. I am:

9. I am:

10. I am:

11. I am:

12. I am:

13. I am:

14. I am:

15. I am:

16. I am:

17. I am:

18. I am:

19. I am:

20. I am:

Instructions for the healthcare professional: Organize the respondent's answers into the following categories: Social groups and classifications, Ideological beliefs, Interests, Ambitions, Self-evaluations. Once organized, use the statements to measure your client's assumptions and self-attitudes.