

DAP Note

DAP Note

Client Information

Client Name:

Date of Birth:

Diagnosis Code:

Date of Session:

Transition into Session

- ☐ Calm and regulated
 - ☐ Excited
 - ☐ Hesitant
 - ☐ Unable to separate from caregiver
 - ☐ Tearful or distressed
 - ☐ Dysregulated or agitated
 - ☐ Quiet or withdrawn
 - ☐ Anxious
 - ☐ Reserved but responsive
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Transition out of Session

- ☐ Calm and regulated
 - ☐ Tired or low-energy
 - ☐ Reluctant to leave / lingering
 - ☐ Cheerful and talkative
 - ☐ Anxious or apprehensive
 - ☐ Over-stimulated or dysregulated
 - ☐ Tearful about leaving
 - ☐ Angry or agitated
 - ☐ Opted to leave early
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Data

Assessment

Plan

Themes

- ☐ Abandonment
- ☐ Aggression
- ☐ Anxiety
- ☐ Choas/Instability
- ☐ Dependency
- ☐ Grief/Loss
- ☐ Helplessness
- ☐ Hopelessness
- ☐ Integration
- ☐ Mastery
- ☐ Nurturing
- ☐ Perfectionism
- ☐ Power/Control
- ☐ Protection
- ☐ Relationship
- ☐ Reparation
- ☐ Resiliency
- ☐ Revenge
- ☐ Safety/Security
- ☐ Self-Sufficiency
- ☐ Separation

Toys Used

SI/HI Risk Assessment

- ☐ No SI, no HI, no NSSI
- ☐ Non-suicidal self-injury (NSSI) reported, no SI or HI
- ☐ Passive suicidal ideation, no plan or intent
- ☐ Active suicidal ideation, no plan or intent
- ☐ Active suicidal ideation with plan but no intent
- ☐ Active suicidal ideation with plan and intent
- ☐ Homicidal ideation, no plan or intent
- ☐ Homicidal ideation with plan and/or intent
- ☐ General thoughts of harming others, no specific person named, no plan or intent
- ☐ Ruminating on revenge or harm, nonspecific target, no clear plan or imminent risk
- ☐ General urges to hurt others, distressing to client, no identified target or plan
- ☐ Aggressive fantasies or intrusive thoughts about harming others, no intent to act

SI/HI Risk Assessment Notes/Safety Plan

Clinician Name:

Clinician Designation:

Clinician License Number:

Clinician NPI: 1255007480

Date: