

DiSC Personality Types Chart

DiSC Personality Types Chart

Patient Name:

Date:

Please review the statements below and circle the number that best represents how you typically behave in each situation. Be honest and choose the number that most accurately reflects your natural tendencies.

I am decisive and assertive.

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
-

I enjoy taking charge of situations.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am focused on results and goals.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am competitive and like challenges.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am sociable and enjoy interacting with others.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I like to express my thoughts and ideas.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I enjoy working in a team and collaborating.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am optimistic and enthusiastic.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am patient and a good listener.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I prefer a stable and harmonious environment.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I avoid conflict and seek compromise.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am dependable and loyal.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I pay attention to details and accuracy.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I like to follow rules and procedures.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I am organized and value structure.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

I strive for high standards and quality.

- ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
-

Dominance (D):

Influence (I):

Steadiness (S):

Conscientiousness (C):

Primary Type:

Secondary Type:

Notes