

House Rehab Checklist

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Home Accessibility - Assess entryways, hallways, and door widths for accessibility.

☐ Home Accessibility

Safety Modifications - Install grab bars, non-slip mats, and adequate lighting.

☐ Safety Modifications

Medical Equipment - Determine the need for special equipment like hospital beds, oxygen, etc.

☐ Medical Equipment

Medication Management - Set up a system for medication organization and reminders.

☐ Medication Management

Emergency Preparedness - Establish a plan for emergencies, including easy access to help.

☐ Emergency Preparedness

Meal Preparation - Assess the ability to prepare meals and consider meal delivery services.

☐ Meal Preparation

Caregiver Support - Identify and coordinate with caregivers for additional support.

☐ Caregiver Support

Physical Therapy Space - Designate an area for physical therapy exercises.

☐ Physical Therapy Space

Follow-up Appointments - Schedule necessary follow-up appointments with healthcare providers.

☐ Follow-up Appointments

Mental Health Considerations - Plan for mental health support, if necessary.

☐ Mental Health Considerations

Notes/Actions

Doctor's Acknowledgment

Name of Doctor

Signature

Date