

Mental Abuse Checklist

Mental Abuse Checklist

Work through each item in order and mark it as completed. Add a note against anything you could not complete, and sign the form when you finish.

Name

Date completed

Date of birth

Record / MRN number

Before you start

- ☐ Confirm identity and check the record is the correct one
 - ☐ Confirm consent is in place and still valid
 - ☐ Check for allergies, contraindications and recent changes
 - ☐ Gather the equipment and paperwork you need
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Mental Abuse - main steps

- ☐ Check presenting concerns and symptom severity
 - ☐ Record risk indicators and protective factors
 - ☐ Review agreed goals and between-session tasks
 - ☐ Confirm nothing has been missed
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Before you finish

- ☐ Complete the record while the detail is fresh
- ☐ Agree progress against baseline scores
- ☐ Give written information and contact details
- ☐ Book or confirm the next appointment

Anything not completed

Item	Reason	Action needed	By when

Notes

Signature and date

Checked by